

Understanding the health of people with learning disabilities over their lifetime

Mental Illness



Mental illness is the most common health condition for people with learning disabilities.

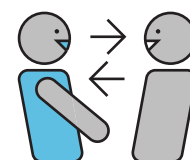
Mental illness affects the way we:



feel



think



communicate

People with a mental illness can develop other health problems.



Reflux Disorders



Airway Diseases

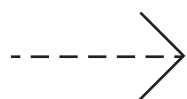


Kidney Disease

These problems do not happen all at the same time. They can take years to develop.



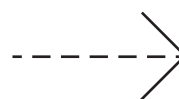
Mental Illness



can take up to 6 years



Reflux Disorders



can take up to 7 years



Kidney Disease

Eating healthy, exercising and sleeping well can help prevent these problems from occurring.

Speak to your doctor, family or carer if you have any questions or worries about this information.

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DECODE

This infographic is based on Secure Anonymised Information Linkage (SAIL) data for 14,322 residents of Wales from 2000-2021.

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